

How Are You Preparing to Live on a Rapidly Warming Planet?

Ashford Learning Community Garden

Speaker 1:

I needed food. I needed something because of health issues that were not... Health issues that, food just didn't taste good to me. You get lettuce and then I couldn't stomach this and I couldn't stomach that. I said, "You know what? I'll go back to the old way. I'll go put some seeds or something in the ground."

Speaker 2:

I don't think a person with a bunker and 72 cases of mushrooms is going to be better equipped than those of us who are like, "Well, we're going to work together to figure these things out."

Speaker 3:

What we have done is make sure we harvest the seeds, and we make sure and dry it out, and we replant it next year in hopes that it will be better and stronger.

Speaker 4:

And this is what I want the kids to see, that we can live together with the animals of the earth.

Speaker 5:

The garden is doing what it's supposed to do. It's just that open space, that...

Speaker 6:

Good morning.

Speaker 5:

Good morning. That the neighbors have come to really appreciate. And what I love to also promote is the shared space between wildlife and us as people.

Speaker 7:

The ground that you walk on, all this concrete, this concrete is good for the earth? Generations of just people, we messed up the environment. We can't blame it on nobody but ourselves. And it's just like, now you want to make a change? Now you want to fix it? Now it falls on us because you messed up the environment. Now we have to, we're desperate for ways to find it.

Speaker 8:

Obviously as a Muslim, we have a belief in... We believe in the world will be end someday. And before the world end, there will be so many earthquake, and we will have bad situation.

Speaker 9:

I plan as if everything's normal, but I just always have this worry in the back of my head. Or it's similar, I guess, to the COVID pandemic. It's like you make plans, but you just accept that it could go awry at any moment. But yeah, I would say when I was, again, in California, I had better evacuation readiness plans, because I just... Before, when I was younger, I was like, "Eh, it's not going to happen." But now I've accepted okay, the fires could hit me one day, so that's something I've had to think about.

Speaker 10:

What are you going to do? How are you going to grow?

Speaker 11:

Well, what we are doing is we're observing and keeping track of what we are observing so that next year we know what to expect and to cope with it better because there's nothing else we can do but try to adapt to the changes as they come.

Speaker 12:

Yes, it is about adaptability or flexibility.

Speaker 13:

But also being able to just walk down the street and touch stuff and be outside has helped me so much. Changed my life, really.

Speaker 14:

There's the practice of everyday life that matters. There's the practice of relationship building that matters, with you, myself, and whoever I interact with every day. Then I also think there's the political activism aspect that matters.

Speaker 15:

Education is key. Education is key and teaching the younger ones. Teaching yourself is fine, but you have to pass on all that knowledge. All of that knowledge has to go somewhere, so it should go to the next generation because they're the ones who are going to be the next stewards of this planet. They're the ones who are going to come up with the solutions because they're the ones going to be living in that time of when there's no more Miami Beach or New Orleans is underwater.

Speaker 2:

I learned to grow food for very selfish reasons. It's the same reason I went to acupuncture school because I was like, "Okay, what skillsets do I want to have in a changing world, where all of the things that we're accustomed to are suddenly not guaranteed?" And so I was like, "Okay, well I'm going to learn how to grow food, and I'm going to learn how to do medicine."

Speaker 16:

When we have food shortage, it's going to affect everyone. I'm just not looking forward to it. I fear for it for my children, which is why I try and convince them to eat more whole foods than processed foods because that's where your reliance comes at, to learn to not eat, to learn to eat only when it's necessary, to learn to drink water.

Speaker 17:

I think change is just so hard for people, but change is also, ironically, one of the only constants there is. Things are always... Right now, we're talking about climate change. We're changing the climate. The climate is changing. I think whatever's causing it almost doesn't matter anymore. It's happening. We will have to adapt. And the funny thing is, nature will probably adapt. We may not adapt so well, some of us won't be able to, but yeah, nature always finds a way.

Speaker 18:

I am telling my people, if we stay together through thick and thin, we stay together, I think that we can overcome because nobody is going to do anything for us, unless we do it for ourselves.

Speaker 19:

Do you think we'll get ourselves out of this catastrophe?

Speaker 20:

Definitely, definitely. It's just a matter of working together.

Collard greens.

Speaker 21:

You want some?

Speaker 20:

Would you mind?

Speaker 21:

Yeah, yeah, yeah. I have so much of this.

Speaker 19:

Are huge, huge leaves.

Jeff:

There's some sort of like mite on them, so I just wash them.

Speaker 19:

Okay.

Speaker 23:

That's way too many. Come on. No, no, it's too many. Give me half, okay? Half, and the little ones, because it's just me eating them. My husband doesn't like...

Jeff:

Yeah, I just soak them and then...

Speaker 23:
Salted water?

Jeff:
I don't use salted water. Just to get the white stuff off, whatever that is.

Speaker 23:
Okay.

Jeff:
Yeah.

Speaker 23:
Cool.

Jeff:
Yeah, yeah. You see the little white bugs?

Speaker 23:
Yeah, that'll go away.

Jeff:
Yeah, yeah.

Speaker 23:
Cook them, you're fine.

Jeff:
Feel like mites, or who knows?

Speaker 23:
Salted water.

Jeff:
Yeah.

Speaker 23:
Thank you, Jeff.

Jeff:
Yeah.